



CONTINUOUS REBIRTH

SHARE LIFE

1. **30 minutes** have been allocated for this moment.
2. A person offers herself/himself as **coordinator**.
3. **We introduce ourselves:** name, country, Salesian group.
4. One person offers to **read** the following text.
5. We **pause for personal reflection** when instructed.
6. After having finished reading and based on the topic we previously heard, we can **share** what has most touched our hearts.
7. For the plenary session: **What specific message does Main leave us in this meeting?** In a sentence of **5 words** at most, we summarize the message that we will share in the plenary session.

Reflective reading

Maín, herself, experienced crises, sufferings and trials. From the perspective of the Paschal Mystery of Jesus: passion, death and resurrection, we, too, can live those moments of life offering them to the Father with the firm hope that we, too, will be resurrected, that we will be transfigured by the action of the Holy Spirit, who always has a transforming effect when we invoke him. It is essential to recognize, with humility, our frailties, weaknesses, limits, infidelities and inconsistencies, with humility, and learn to let go... Only in those moments, like Main, can we triumph in the Grace of God and so, do His holy Will. We now take a moment of silence to enter within ourselves, see what hurts us at this moment, what bothers us, what makes us restless, let us put it all in the hands of the Lord, let his Holy Spirit enlighten

us. What is the will of the Lord for us in this specific circumstance? [pause for 2 minutes].

“When our suffering purifies us, in such a way that it produces in us a transformation or an inner change that positively influences our life or that of others, it becomes productive. Jesus’ resurrection was productive. His emptiness led to a radical transformation in his new life. The vision of his Ascension lifted the hearts of those who met him and changed their lives.

When we suffer in a productive way, when a part of us is refined and purified, let us then go, like the risen Jesus, "to Galilee" (Mk 16,7). It is the Galilee of our own lives and we proclaim to others, above all with the vision that we give of ourselves, that we have faith and acceptance, that our inner emptiness has been filled with new life. It is possible for us to be more capable of living for ourselves and for others, because there is something different in us and in the way we live.

We have a new life and we encourage others because we have passed from a former existence to one that has enriched our knowledge and our benevolence. Many times, those who suffered productively become active sources of relief and consolation for others.

There are so many people who suffer productively. They are the ones who follow footprints of the risen Jesus. They carry the truth of the resurrection in hearts that were empty and are now filled again.

It is a continuous rebirth. A new discovery in the Grace of God, like Maín.

8. In the plenary session, **we share the message (of 5 words, at most) which Maín left us.**